



VENOUS  
INSTRUCTIONS  
LEAFLET

INFO@YOUTH-REVISITED.CO.UK

01

Have your Healthcare Professional take your sample.

02

Check the label on your vials has your correct name & date of birth on it Place into the protective packaging.

03

After adding the time and date on the lab form, place the form and the sample in the envelope provided.

04

Place the Tracked 24 label provided onto your envelope and post your sample back to us. Please post Monday - Thursday

## Included in your package

- ✓ Vials for Blood collection
- ✓ Vacutainer/Needle
- ✓ Wipes, Plasters
- ✓ Return Envelope
- ✓ Lab form

## Hints & Tips

01

Do Some gentle exercise or take a warm shower. Make sure you are well hydrated.

02

Post your sample on the same day you take it.

03

The order for draw is Purple then Yellow.

04

We aim for a 12 hour turnaround from receipt. Results will be uploaded to your account.